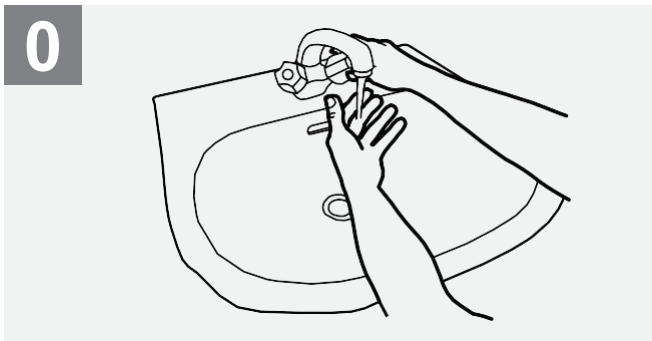


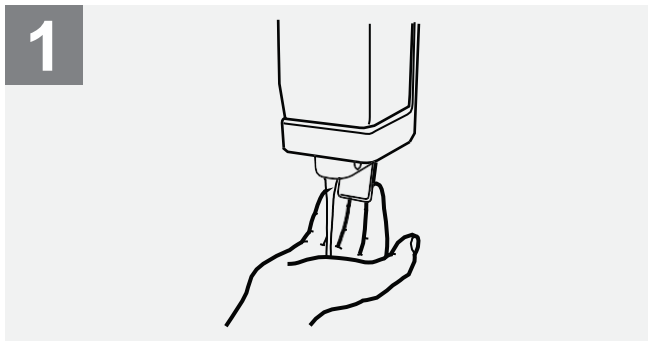
Oinsá fase liman?

FASE LIMAN KUANDU HAREE LIMAN FOER!
SELAE, UZA DE'IT DEZINFETANTE

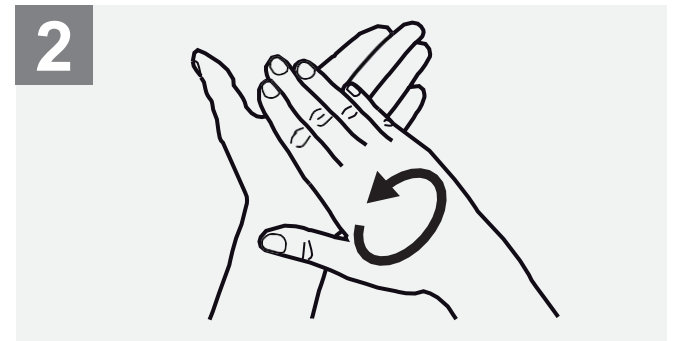
 **Durasaun ba prosesu kompletu: 40-60 segundus**



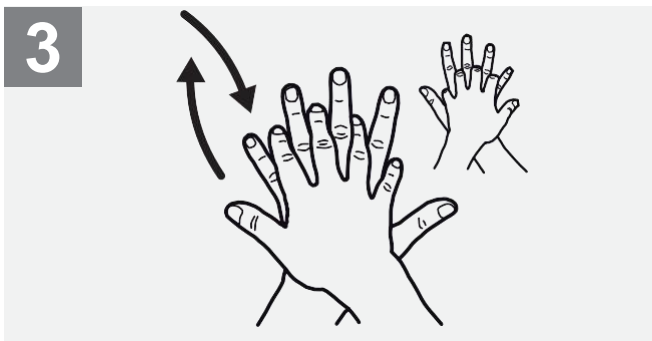
0
Habokon liman ho
bee;



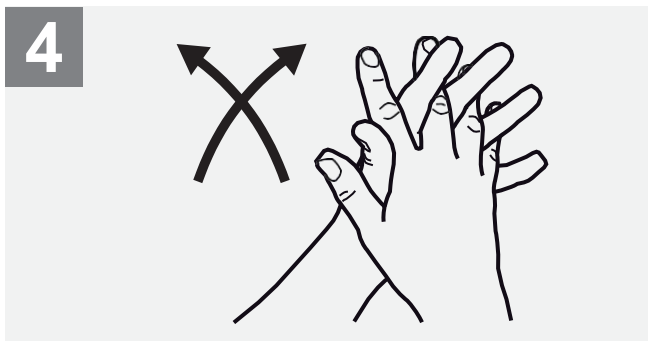
1
Foti sabaun suficiente atu
enxe liman tomak;



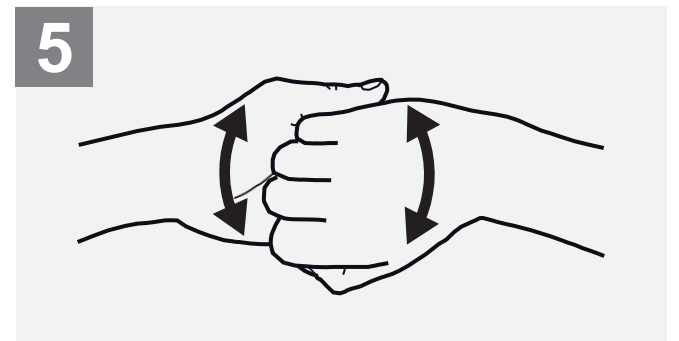
2
Kose liman-laran hamutuk;



3
Kose liman-laran loos iha liman
karuk nia kotuk ho liman-fuan
kruzadu no troka malu;



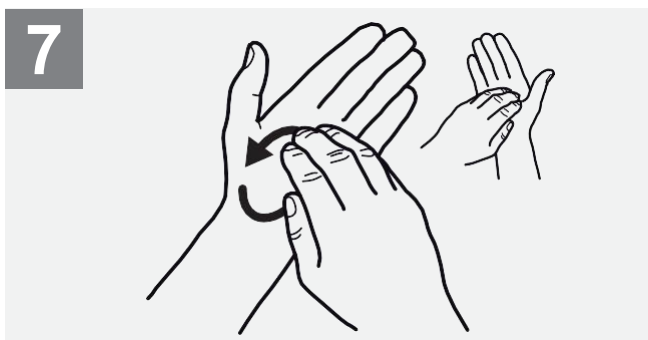
4
Kose liman-laran rua hamutuk ho
liman-fuan kruzadu;



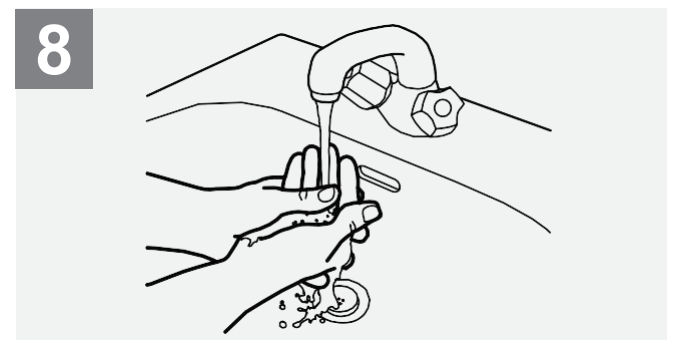
5
Kose liman-fuan nia kotuk kontra
liman-laran seluk ho liman-fuan
kruzadu;



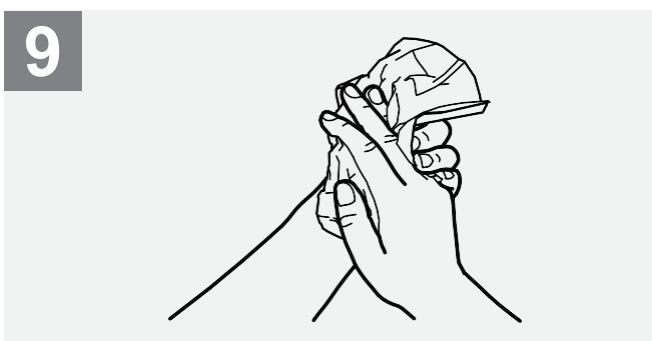
6
Kose limafuan-boot karuk ho
movimentu rotasaun iha liman-laran
loos no troka fali;



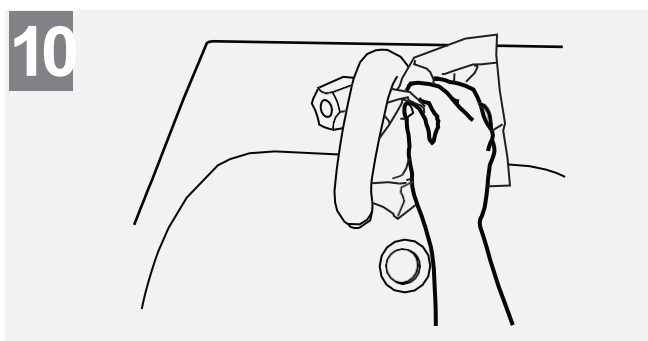
7
Kose ho movimentu rotasaun ba
kotuk no ba oin ho liman-fuan loos
nian iha liman-laran karuk no troka
fali;



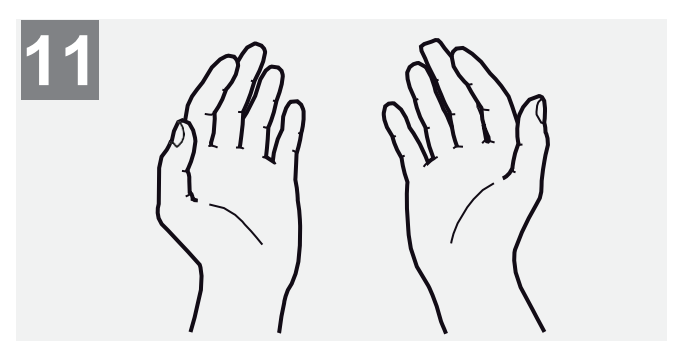
8
Fase liman ho bee
sulin;



9
Hamaran liman ho toalla
moos ida;



10
Uza toalla atu taka torneira;

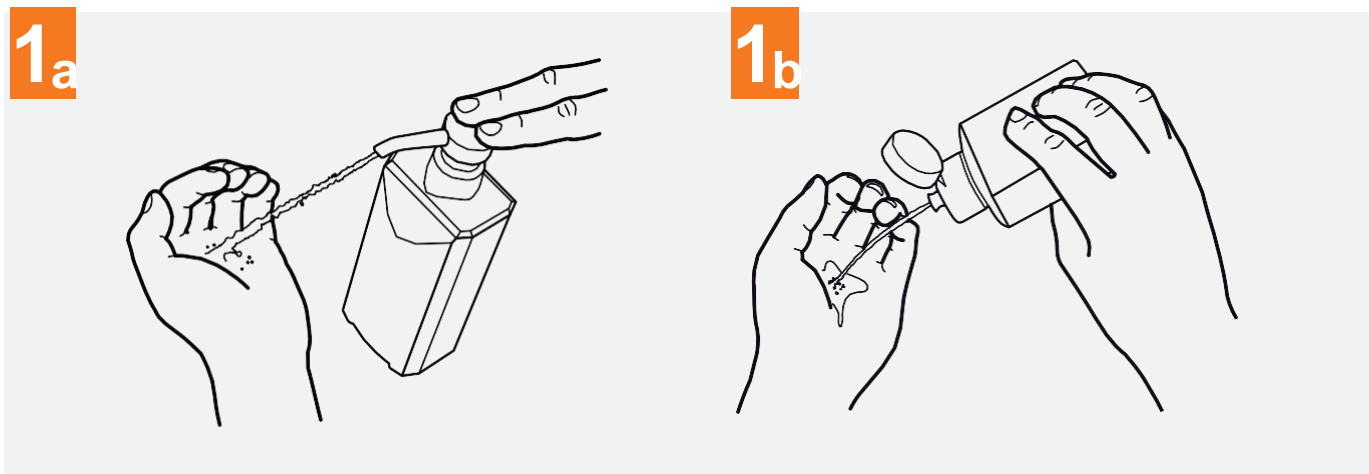


11
Ita-Boot nia liman moos ona.

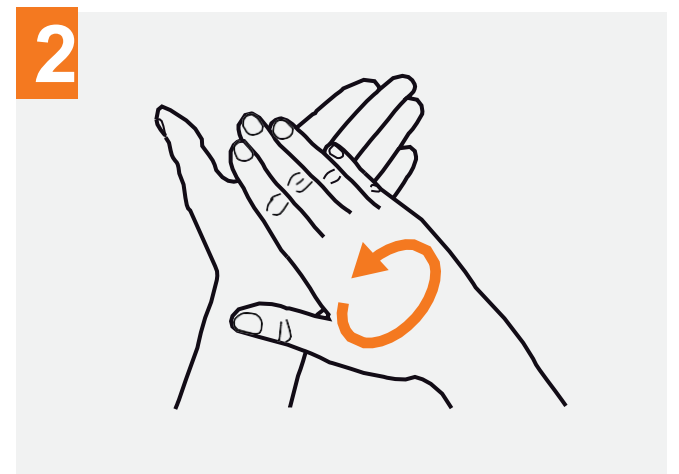
Oinsá uza dezinfetante?

**DEZINFETA LIMAN HODI HALO IJIENE BA LIMAN!
FASE LIMAN KUANDU HAREE LIMAN FOER**

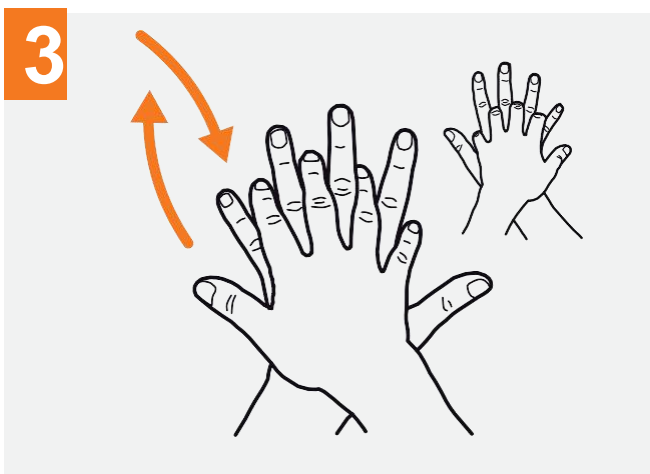
 **Durasaun ba prosesu kompletu: 20-30 segundus**



Foti dezinfetante suficiente hodi aplika iha liman tomak;



Kose liman-laran hamutuk;



Kose liman-laran loos iha liman karuk nia kotuk ho liman-fuan kruzadu no troka malu;



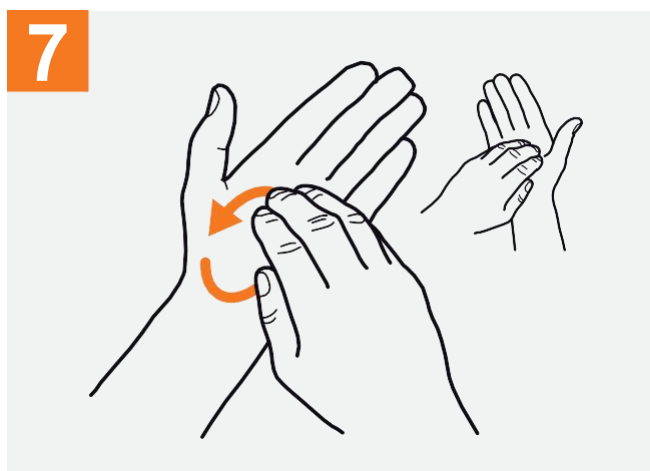
Kose liman-laran rua hamutuk ho liman-fuan kruzadu;



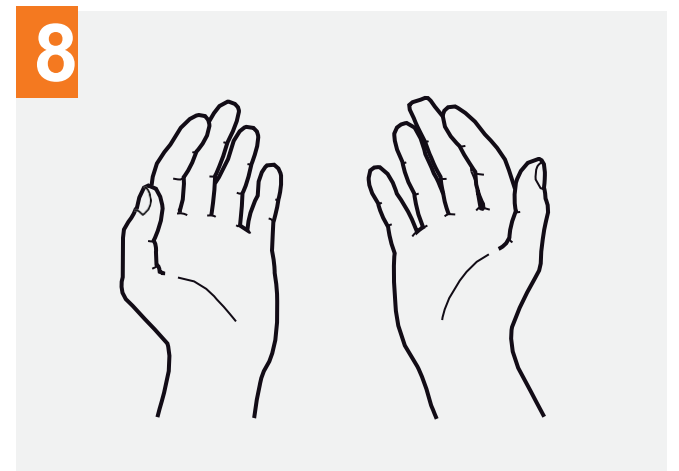
Kose liman-fuan nia kotuk kontra liman-laran seluk ho liman-fuan kruzadu;



Kose limafuan-boot karuk ho movimentu rotasaun iha liman-laran loos no troka fali;



Kose ho movimentu rotasaun ba kotuk no ba oin ho liman-fuan loos nian iha liman-laran karuk no troka fali;



Hafoin liman maran, Ita-Boot nia liman moos ona