

As with other respiratory illnesses, infection with 2019-nCoV can cause mild symptoms including **a runny nose, sore throat, cough, and fever.** It can be more severe for some persons and can lead to pneumonia or breathing difficulties.

How dangerous is The 2019-nCoV?

INSERT RO/CO
LOGO HERE

Yes, the 2019-nCoV causes respiratory disease and can be transmitted from person to person, usually after close contact with an infected patient, for example, in a household workplace, or health care centre.

Can the 2019-nCoV be transmitted from person to person?

INSERT RO/CO
LOGO HERE

People living or travelling in an area where the 2019-nCoV virus is circulating may be at risk of infection.

At present, 2019-nCoV is circulating in China where the vast majority of people infected have been reported. Those infected from other countries are among people who have recently traveled from China or who have been living or working closely with those travellers, such as family members, co-workers or medical professionals caring for a patient before they knew the patient was infected with 2019-nCoV.

**Who can catch the
2019-nCoV?**

INSERT RO/CO
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While we still need to learn more about how 2019-nCoV affects people, thus far, **older people, and people with pre-existing medical conditions** (such as diabetes and heart disease) appear to be more at risk of developing severe disease.

Who is at risk of developing severe symptoms from 2019-nCoV?

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The new coronavirus is a respiratory virus which spreads primarily through contact with an infected person through respiratory droplets generated when a person, for example, coughs or sneezes, or through droplets of saliva or discharge from the nose. It is important that everyone practice good respiratory hygiene. For example, sneeze or cough into a flexed elbow, or use a tissue and discard it immediately into a closed bin. It is also very important for people to wash their hands regularly with either alcohol-based hand rub or soap and water.

**How does 2019-nCoV
spread?**

INSERT RO/CO
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It is still not known how long the 2019-nCoV virus survives on surfaces, although preliminary information suggests the virus may survive a few hours.

Simple disinfectants can kill the virus making it no longer possible to infect people.

How long does 2019-nCoV survive on surfaces?

INSERT RO/CO
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According to recent reports, it may possible that people infected with 2019-nCoV may be infectious before showing significant symptoms. However, based on currently available data, the people who have symptoms are causing the majority of virus spread.

Can 2019-nCoV be caught from a person who presents no symptoms?

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WHEN TO USE A MASK

For healthy people wear a mask **only if you are taking care of a person with suspected 2019-nCoV infection**

Wear a mask, **if you are coughing or sneezing**

Masks are effective only when used **in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water**

If you wear a mask then you **must know how to use it and dispose of it properly**



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Protect yourself and others from getting sick

Wash your hands



- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



World Health
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Reduce your risk of **coronavirus** infection:



Frequently clean hands by using alcohol-based hand rub or soap and water

When coughing and sneezing, cover mouth and nose with flexed elbow or tissue – throw tissue away immediately



Avoid close contact with anyone that has fever and cough



World Health
Organization

Shopping in wet markets in China and Southeast Asia? Stay healthy!



Wear protective gowns, gloves, masks and facial protection while handling animals and animal products

Remove protective clothing after work, wash aprons daily and leave at the work site



Avoid exposing family members to soiled work clothing and shoes



World Health
Organization

Shopping in wet markets? Stay healthy!

Wash hands with soap and water after touching animals and animal products



Avoid touching eyes, nose and mouth

Avoid contact with sick animals and spoiled meat



Avoid contact with stray animals, waste and fluids in market



World Health
Organization

Shopping in wet markets in China and Southeast Asia? Stay healthy!



Frequently **wash your hands with soap** and water after touching animals and animal products

Clean and disinfect equipment and working area at least once a day



World Health
Organization

Wash your hands

Wash your hands with soap and running water when hands are **visibly dirty**



If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water



World Health
Organization

Protect others from getting sick

When coughing and sneezing
cover mouth and nose with
flexed elbow or tissue



Throw tissue into a closed bin
immediately after use

Clean hands with alcohol-based
hand rub or soap and water after
coughing or sneezing and when
caring for the sick



World Health
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Protect others from getting sick



Avoid close contact when you are experiencing cough and fever

Avoid spitting in public



If you have fever, cough, and difficulty breathing **seek medical care early** and share previous travel history with your health care provider.

Practise food safety

Use different **chopping boards and knives** for raw meat and cooked foods



Wash your hands between handling raw and cooked food



World Health
Organization

Practise food safety

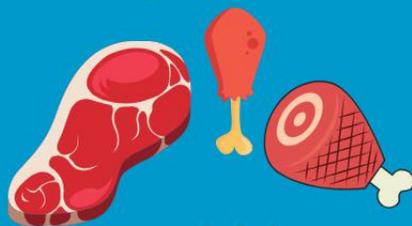
Sick animals and
animals that have
died of diseases
should not be
eaten



World Health
Organization

Practise food safety

Even in areas experiencing outbreaks, meat products can be safely consumed if these items are cooked thoroughly and properly handled during food preparation



World Health
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STAY HEALTHY WHILE TRAVELLING

Avoid travel if you have
a fever and cough



**If you have a fever, cough and
difficulty breathing seek medical
care early and share previous
travel history with your health
care provider**

Insert local logo

STAY HEALTHY WHILE TRAVELLING

**Avoid close contact
with people suffering
from a fever and cough**



**Frequently clean hands by
using alcohol-based
hand rub or soap and water**

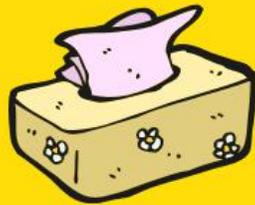
**Avoid touching eyes,
nose or mouth**



Insert local logo

STAY HEALTHY WHILE TRAVELLING

When coughing or sneezing
cover mouth and nose with
flexed elbow or tissue - throw
tissue away immediately and
wash hands



If you choose to wear a mask, be
sure to cover mouth and nose –
avoid touching mask once it's on



Immediately discard single-use mask
after each use and wash hands after
removing masks

Insert local logo

STAY HEALTHY WHILE TRAVELLING

If you become sick
while travelling,
inform crew and seek
medical care
early



If you seek medical
attention, share travel
history with your health
care provider

Insert local logo

STAY HEALTHY WHILE TRAVELLING

**Eat only well-
cooked food**



Avoid spitting in public

**Avoid close contact
and travel with
animals that are sick**



Insert local logo